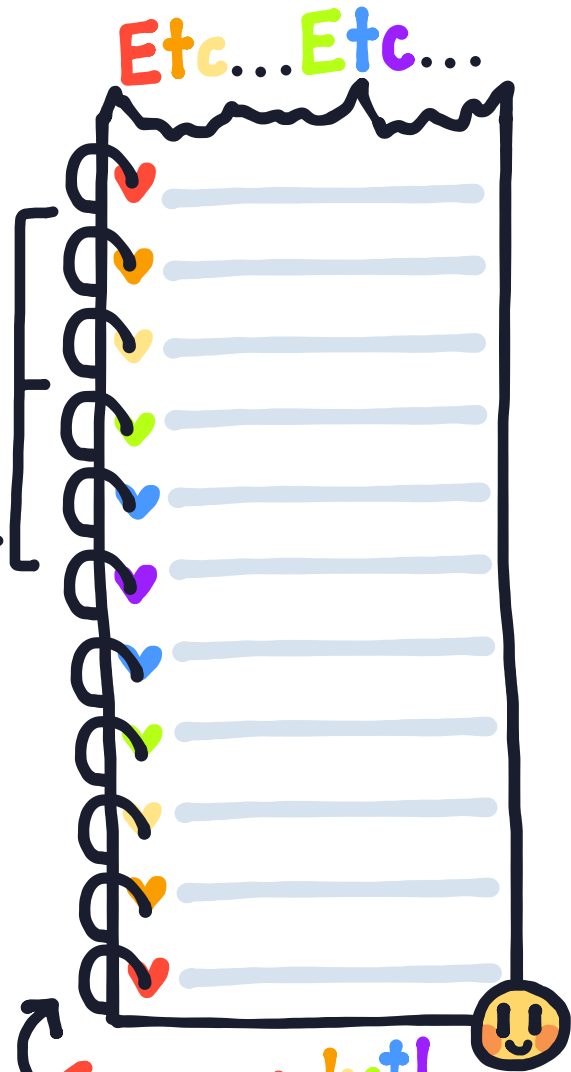
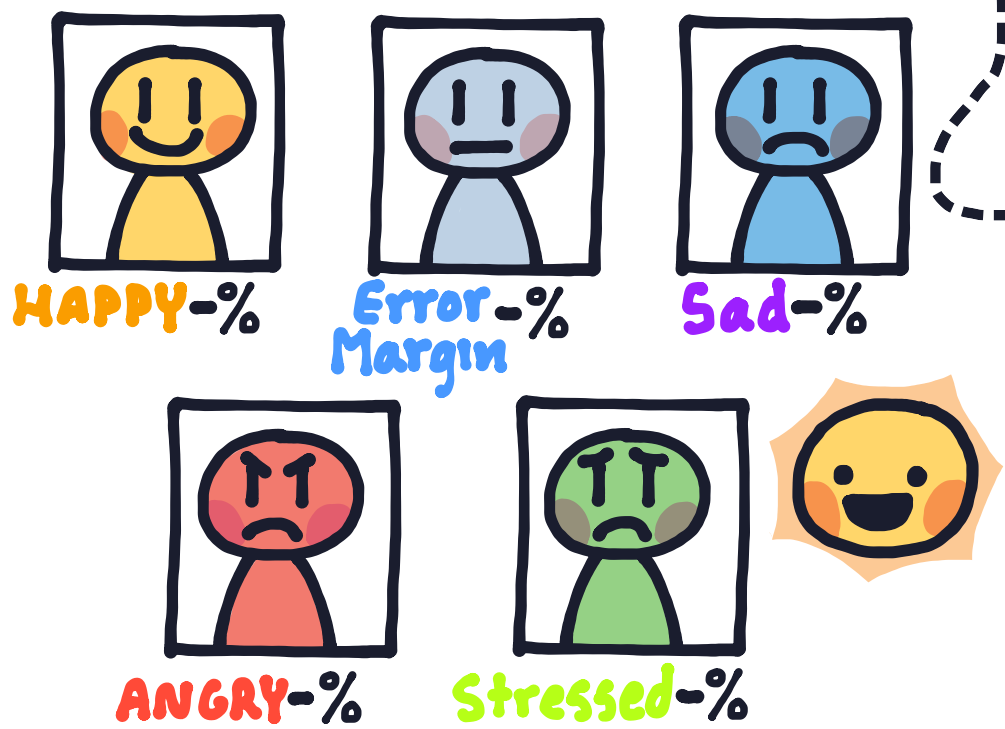


DAILY
Things
I think
about:

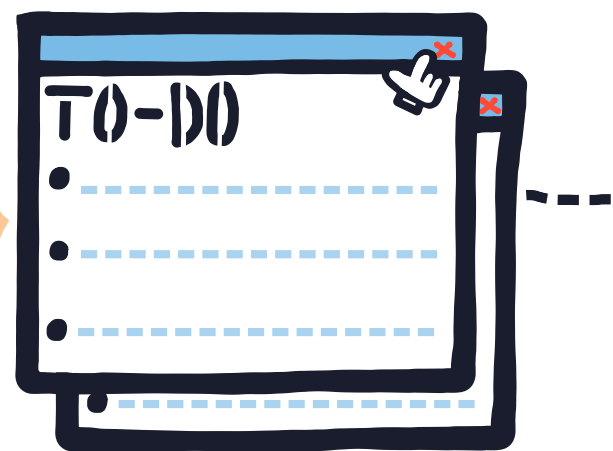
SMILE



Emotions Sheet:



Grocery list!
(fav foods/drinks)



Today I feel _____ because...

X.....