

Disease

Hyperlipidemia

Signs & Symptoms

- * largely a silent disorder; no symptoms regularly reported

Pathology

- * elevated blood cholesterol levels

Risk Factors

- * familial hypercholesterolemia
- * gene mutation on short arm of chromosome 19
- * diabetes

Complications

- * cardiovascular disease
- * heart attack at young age

Diagnosis

- * history
- * physical
- * blood work

Treatment

- * low fat diet
- * < 300 mg dietary chol./day
- * daily physical activity
- * meds