

Dear friends,

I'm so sorry I tried to leave you. I'm doing okay now, just a little bit tired and confused. Recovering from a suicide attempt isn't easy but I'm slowly getting better. I'm going to be taking art therapy soon. Been listening to a lot of music lately. Especially Depeche mode and Joy Division and stuff like that. A lot of british new wave and stuff. I've also been taking a lot of walks. But good news, I haven't been cutting for a bit. Please forgive me

-seabunny