

Hello friends. I've lost control. My life is a mess and my body feels like a cage. Even when I sh I don't feel a thing, yet carry with me internally all of the hurt in the world. I want to k1ll myself. I've tried. I can't feel anything anymore. I crawl inside myself and suffer there. My family doesn't believe me when I tell them i'm su1c1d@l. So if I don't come back i'm sorry. and i'm sorry for scaring you.