

Disease

Hypernatremia

Pathology

*sodium levels >145 mEq/L

Signs & Symptoms

- * meds
- * Cushing's syndrome
- * diarrhea
- * hypercalcemia
- * impaired thirst
- * increased aldosterone
- * potassium depletion
- * water deprivation
- * uncontrolled diabetes

Risk Factors

higher in
*elderly
*breastfed infants

Complications

- | | |
|------------------|----------------|
| * weight gain | * thirst |
| * hypertension | * irritability |
| * mental changes | * tachycardia |
| * dyspnea | * flushed skin |

Diagnosis

* blood tests

Treatment

In mild cases:
* drink water to lower sodium level in blood
severe cases:
* IV fluids