

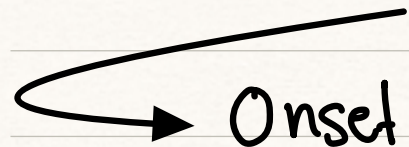
# SOB: Sensing your breathing

- Introduction

- ID

- CC

- HPI → ODPARA



Onset: chronic or not

Duration:

Progression: timing as well

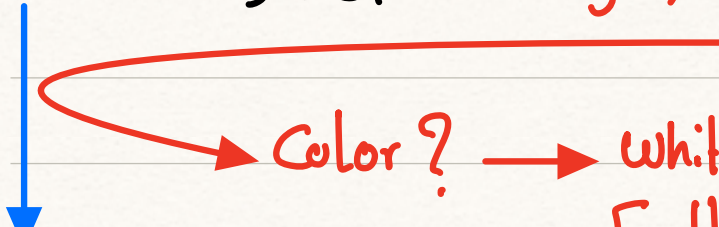
Aggravating factors

Relieving factors

Associated symptoms



Asthma & COPD: Cough, Sputum, Wheezing



Color? → white & sticky → Asthma

→ Frothy → Pulmonary edema & HF

→ Purulent → yellow → Bacterial

→ green → Pseudomonas

→ Bloody → Hemoptysis

Ask for inhalers

Pneumonia: Cough, Fever, Chest pain, Sputum

PE & edema: Chest pain, Palpitations, Hemoptysis

Paroxysmal Nocturnal Dyspnea: open window at night  
to get air

Heart failure: Orthopnea, Chronic SOB

Allergy: Mouth swelling, Hoarseness, Discoloration,  
Itching

Malignancy: Weight loss, Anorexia, Feeling lump

Anemia: Pale, Dizziness, History of bleeding

\_ PMH

\_ FH

\_ GH